

World-Class Olive Oils

Heart-healthy and cancer-preventative EVOO is a clean-eating staple revered for its protective prowess. Here are our top 6 picks.

BY LAURA SCHOBER

Pure and unrefined:

Extra-virgin olive oil comes from the fruit of the olive tree and is made by a chemical-free process where olives are mechanically crushed and the juices are extracted.

1. Restore Forests, Restore Health

Grown and bottled in Greece, EVO3 extra-virgin olive oil has a delicately fruity taste with grassy notes and an appetizing walnut aftertaste. Every bottle sold of this organic oil goes towards the planting of one tree in a deforested area. **\$15, evo3oliveoil.com**

2. No Olive Left Behind

Buttery and mild-flavored, this heart-healthy, eco-friendly Chilean olive oil leaves no olive to waste. Most of the pits are converted into biofuels or combined with leftover olive skins and pulps to be made into fertilizer. **\$12, o-liveandco.com**

3. Heaven in an Eco-Friendly Tin

Hints of grass and a smooth finish envelop this unfiltered California-made organic olive oil by Pasolivo. Housed in an eco-friendly BPA-free tin, this mildly fruity, buttery oil is best savored in salad dressings, sautés or grilling. **\$32, pasolivo.com**

4. Biodynamic and Full of Body

Bursting with vibrant flavors of olive leaf, lettuce and artichoke along with tomato, banana and apple, Castillo de Carena's Spanish olive oil is highly complex yet well-balanced. As a biodynamic oil, it is produced in harmony with the farm ecosystem surrounding it to ensure a high-quality oil and optimal soil and plant health. **\$39, oliveoillovers.com**

5. The Finisher

Produced in California using Picual olives, a Spanish variety, this cold-pressed oil is peppery, robust and pungent, making it perfect for drizzling over salads, hummus or soup. **\$15, cobramestate.com/au**

6. Limited Batch

This luscious Italian-made olive oil is produced in limited quantities each year and sourced from organic estates in Tuscany and other parts of Central Italy. Its flavor profile of artichoke and almond is nicely rounded out with a fresh, peppery finish. **\$29, lucini.com**

